

Rules and Regulations for AYSO U25

1. FIFA rules and regulations will apply except were modified or changed for the purpose of this league. As in the case of a slide tackles. We do not allow slide tackles.
2. Substitutions for both teams will be allowed at anytime during stoppage of game. Referee must be notified prior to a substitution. Players must come off the field prior to a substitution being made.
3. Games will consist of two halves of 40 minutes each and a 5-minute break for the half. There will be a 15 minute break between games. Referees will request score cards 5 minutes prior to the start of each game. The clock will start at the designated time whether the team(s) are ready or not.
4. The games are played 11 players a side. To field a team you must have a least 7 players. Players not fully registered are not allowed to practice or play for any team at any time.
5. There is absolutely no slide tackling for the purpose of dispossessing the ball from a player. If a player slides tackles they may receive a yellow card or a warning, which will again be at the discretion of the referee. Sliding for the ball is allowed as long as it is not in the possession of another player.
6. Yellow and red cards will issued at the discretion of the referee; however, the severity and the consequences of the cards issued will be mandated by the League Disciplinary Board (LDB).
7. Yellow Cards: Two yellow cards issued to a player in the course a game will result in that player's ejection for the remainder of that game. Four (4) yellow cards accumulated during the season will result in a one game suspension. Habitual offenders may be brought up before the Disciplinary Board for additional consequences.
8. Red Cards: Will result in the ejection of that player(s) for the remainder of the game and a minimum of one game suspension. The length of suspension or the possibility of expulsion from the league will be determined by the League Disciplinary Board (LDB). This does not include Red Cards that were issued by the accumulation of two yellow cards.
9. Forfeits:
 - a. If a team does not show up to a game, the opponent team will be awarded with the three points from a win and 2 goals in favor.
 - b. If any one team forfeits at half time, the game will be forfeited and the team that remained in the field of play will be awarded the three points (win) and all the goals already scored.
 - c. If the game is tied and one of team forfeits, three points, a win and two goals will be granted for the team that remained in the field.
 - d. If a team can not start within 15 minutes of the designated time the game will be forfeited (a friendly game can be played with the players that are present and guest players can be added, however it will still be a forfeit for the team(s) that could not field enough players). Points and goals will be awarded per (a.) above.
10. Every player will be assign 6 service hours during the season. Players must comply and serve their service hours. Service hours will be assigned for them to be executed during the AYSO Youth season.

Failure to do so will result in not being able to continue playing during the season until such player complies with his service hours.

Team Captain & Co-Captain Responsibilities

1. Team Captains will be responsible to assign a Co-captain. This will be the only two players that will be authorized to approach referees, other team captain's and any Director or board member of the League. Players concerns, problems and/or suggestions must be discussed with their team captain and co-captain for them to address such queries to the League Director.
2. Team Captains will be responsible of making sure all players read, sign and understand the AYSO U25 rules and regulation. Such document must be signed and delivered to either the director or Co-Director before the first official game.
3. Team Captains will be responsible of keeping track of the yellow and red cards of all their players.
4. Team Captains will be responsible of making sure their players comply diligently with their service hours. A weekly report will be sent to the Director and/or Co-director with names of those players who performed their service hours.

Disciplinary Guideline

1. Two (2) yellow cards during a single game = red card and suspension for that game
Player will be allowed to play the following game, but the LDB will keep track of number of Yellow cards issued to players.
2. Accumulation of yellow cards during the season will be treated as follows:
First 4 cards = 1 game suspension
Next 3 cards = 2 games suspended
Next 2 cards = 2 games suspended
Next card = player suspended from remaining season. Case will be review by the LDB.
3. Red cards will have a minimum of one (1) game suspension. Player will sit out following game after receiving card. Each case will be evaluated by the LDB to confirm or increase such suspension.
4. Two (2) direct red cards during a single season will constitute a reason for expulsion from the league. Each case will be evaluated by the LDB .
5. If need be, Captains will be required to submit their objective opinion when requested by the LDB.

Reasons for expulsion from AYSO U25:

1. A referee or another player is intentionally struck or threatened by a player.
2. A player receives 2 red cards during the season.
3. A player has committed a foul with the intent to injure.

4. A player(s) is involved in a fight in which blows have been thrown, even if the blow does not land.

Note:

- Reasons for expulsion from the league will be reviewed by the LDB to verify the validity of the expulsion as to insure fair and impartial punishment if required. Each case will be handled separately. Witnesses and Captains may be contacted for the purpose of gathering accurate information.
- Players who have been suspended from the division must request in writing their interest in participating in the League. Such request will be reviewed and approved in writing from the LDB.

Player Agreement

I have read the above rules and regulations for the AYSO U25 Division and agree with all the terms and conditions stated. I further agree to abide and accept any punishment that is levied by the AYSO U25 League Disciplinary Board.

Player name (please print):

Player Signature and Date